

Top Tips Cooking

Cooking		Contexts and activities
	Key observation- the child:	
Subitising	-Recognizes small groups of 2 or 3 in any arrangement	- Instantly saying how many raisins there are or how many cookies are on a baking tray.
Counting	<ul style="list-style-type: none"> - Talks about <i>a lot or more</i> and <i>not many or less</i> - Counts objects accurately, without skipping any - Says how many there are after counting - Counts out a number from a larger group of objects 	<ul style="list-style-type: none"> - Counts the ingredients of a recipe, one at a time, using fingers to count. For example, following a fruit kebab recipe counting out 2 strawberries, 3 blueberries and 4 grapes. - Counts out loud how many cups or tbsp they are adding to a bowl. - Counting to check they have followed the recipe correctly; <i>do you have enough / not enough?</i> - Counting out the correct amount of ingredients from a large bowl into a smaller bowl.
Adding (or subtracting) one results in the next (or previous) counting number	<ul style="list-style-type: none"> - Predicts how many there will be after adding one - Predicts how many left after taking one away 	<ul style="list-style-type: none"> - Gets one more blueberry: <i>There are three now</i> (without counting) - Following a recipe: <i>There's only 3 grapes, I need one more to make 4.</i> - Predicting how many grapes there will be if we ate one. - Counting how many cookies are on the tray, add one more – how many now?
Understanding number symbols	<ul style="list-style-type: none"> -Recognises numerals -Matches objects to a numeral 	- Finds/recognises numbers on a recipe, scales, packaging, oven etc.
Pattern	-Spots and creates patterns in food	<ul style="list-style-type: none"> - Explores and describes patterns in food. Cut ingredients in different ways to explore. - Creates their own or follows a pattern e.g. fruit kebab, raisins in cookies.



<p>Shape</p>	<ul style="list-style-type: none"> - Selects shapes for a purpose e.g. cutters or to fit into a particular tin - Describes shape properties: e.g. <i>curvy, pointy, straight, corners</i> 	<ul style="list-style-type: none"> - Identifies and describes foods and utensils which are curved/straight, have corners and how many edges/sides it has. - Explores the purpose of different utensils. - Uses a range of cutters, rollers, bowls, tins etc. and names shapes (circle, square, rectangle, star etc.) - Rolls/bends/changes shape of dough.
<p>Measures</p>	<ul style="list-style-type: none"> - Comparing size, length, weight, capacity - Talking about <i>before, after, then</i> 	<ul style="list-style-type: none"> - Measures out ingredients using a range of different utensils and resources such as weighing scales. - Predicts how many cookies will fit on a tray. - Explores capacity, e.g. which container do you think will hold the most? Why? - Compares ingredients by weight: which is heavier / lighter. - Compares size: <i>my cookie is bigger than yours, this bowl is smaller.</i> - Comments using the language of measures: <i>mine is long and thin, this cup is nearly full etc.</i> - Follows a recipe or instructions: <i>next we have to put in one egg.</i> - Understands about immediate and future: <i>the cookies are very hot so we need to let them cool and we can eat them later.</i>