



Activity Idea

Activity	Pattern
Ideas for babies and	Talk about pattern: in the environment, on clothes, in routines etc.
toddlers	Sing rhymes which include predictable patterns or movements: (See
	development zone resources for example songs and rhymes).
	Read stories with repeating elements: Such as, 'That's not my' Series by
	Osborne books.
	Provide musical instruments: or resources that children babies and toddlers
	can make noise patterns with. For example, pots and pans with wooden spoons
	or homemade shakers using recycled plastic bottles with rice or dried pasta secured inside.
	Roll a ball: or play other simple games with a repeating pattern that babies and
	toddlers can follow.
	Provide high contrast patterns: On fabric, in books etc.